Privacy Policy

Effective Date: 05/01/2026

Last Updated: 05/01/2026

Thank you for visiting Living By Nature LLC. This Privacy Policy explains how we collect, use, and protect your information when you visit our website, www.livingbynaturellc.com, and when you opt in to receive communications from us, including SMS/text messages.

1. Information We Collect

We may collect personal information that you voluntarily provide to us, including but not limited to:

* Name

* Phone number

* Email address

* Any other information you submit through forms on our website

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2. How We Use Your Information

We use the information we collect to:

* Provide and improve our services

* Communicate with you about inquiries, updates, or customer

support * Send SMS/text messages if you have opted in

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3. SMS Messaging Policy

By providing your phone number and opting in, you consent to receive SMS/text messages from Living By Nature LLC. These messages may include updates,

promotions, reminders, or other relevant information.
* **Consent:** By opting in, you agree to receive SMS messages from us.

* **Message Frequency:** Message frequency may vary (e.g., recurring messages, or a varying number of messages per week or month depending on your interaction with us).

* **Opt-Out:** You may opt out of receiving SMS messages at any time by replying **STOP** to any message.

* **Help:** For additional assistance, reply **HELP** or contact us at 816-655-2155.

* **Fees:** Message and data rates may apply depending on your mobile carrier and plan. ---

4. Sharing of Information

We respect your privacy. Your personal information, including your phone number, will **not** be shared, sold, or rented to third parties for marketing purposes.

We may share information only:

* As required by law

* To protect our rights or comply with legal obligations

* With service providers who assist in operating our business (who are bound by confidentiality obligations)

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5. Data Security

We implement reasonable administrative, technical, and physical safeguards to protect your personal information from unauthorized access, use, or disclosure.

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6. Your Privacy Rights

Depending on your location, you may have rights to:

* Access the personal information we hold about you

* Request corrections or deletions

* Withdraw consent for communications
To exercise these rights, please contact us using the information

below. ---

7. Changes to This Policy

We may update this Privacy Policy from time to time. Updates will be posted on this page with a revised “Last Updated” date.

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8. Contact Us

If you have any questions about this Privacy Policy or our practices, please contact

us: Living By Nature LLC

101 NE 62nd Ter. Gladstone, Mo 64118

sara@livingbynaturellc.com

816-655-2155

By using our website and opting into SMS communications, you acknowledge that you have read and agree to this Privacy Policy.